



Medical Center West

Dr. Michelle Berry Kelle Pardi MSN, FNP-C

1201 S. Main St, Ste. 110 Boerne, TX 78006 830-249-6000 phone

Registration Form

Last Name		First Name		MI	DOB	Account Number (Office use only)		
Street Address				City		State	ZIP Code	
Home Phone		Work Phone		Cell Phone		Social Security #		
Email Address								
Emergency Contact						Contact Phone		
PRIMARY Insurance Name			Copay \$	SECONDARY Insurance Name			Copay \$	
Claims Address				Claims Address				
City, State, ZIP				City, State, ZIP				
Subscriber's Name			Subscriber DOB		Subscriber's Name			Subscriber DOB
Subscriber's ID No.			Group No.		Subscriber's ID No.			Group No.
Patient's Relation to Subscriber				Patient's Relation to Subscriber				
<input type="checkbox"/> Self <input type="checkbox"/> Spouse <input type="checkbox"/> Child <input type="checkbox"/> Other				<input type="checkbox"/> Self <input type="checkbox"/> Spouse <input type="checkbox"/> Child <input type="checkbox"/> Other				
How did you hear about our practice?								
<input type="checkbox"/> Family <input type="checkbox"/> Friend <input type="checkbox"/> Newspaper <input type="checkbox"/> Radio <input type="checkbox"/> TV <input type="checkbox"/> Phone Book <input type="checkbox"/> HFP Website <input type="checkbox"/> Internet <input type="checkbox"/> Signage <input type="checkbox"/> Insurance Directory <input type="checkbox"/> Other Physician <input type="checkbox"/> Hospital								
Please provide the following information so we may improve patient communication and care.								
Primary Language (select one)								
<input type="checkbox"/> English <input type="checkbox"/> Arabic <input type="checkbox"/> Bengali <input type="checkbox"/> Chinese <input type="checkbox"/> German <input type="checkbox"/> Hindi (Urdu) <input type="checkbox"/> Japanese <input type="checkbox"/> Mandarin <input type="checkbox"/> Portuguese <input type="checkbox"/> Russian <input type="checkbox"/> Spanish								
Ethnicity		Race						
<input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> NOT Hispanic or Latino		<input type="checkbox"/> American Indian or Alaska Native <input type="checkbox"/> Black or African American <input type="checkbox"/> Native Hawaiian or Other Pacific Islander <input type="checkbox"/> White <input type="checkbox"/> Asian						
Complete this section ONLY if the patient is under 18 years old.								
Last Name		First Name		Relationship to Patient				
Street Address				City		State	ZIP Code	
Home Phone		Work Phone		Cell Phone		Gender		
The undersigned patient or individual acting on behalf of the patient agrees that the above facts are correct.								

Signature _____ Date _____

Health Risk Assessment

Date: _____

Name: _____ DOB: _____ ☐ Male ☐ Female
First Last M.

Please complete this questionnaire prior to your visit and bring with you.
Your responses will help your care team and physician provide you with a thorough wellness visit.

1. Do you use tobacco? ☐ Yes ☐ No | Former Smoker? ☐ Yes ☐ No

☐ Cigarettes: packs per day # _____ or cigarettes per day # _____ ☐ I would like information to quit

☐ Cigar: per day # _____ ☐ Pipe: per day # _____

☐ Chewing Nicotine containing Tobacco Substances

2. During the last 4 weeks, on average, how many drinks of wine, beer, or other alcoholic beverages did you have?

☐ Drinking in Moderation (2 drinks/day or fewer)

☐ Never Drink Alcohol

☐ Wine Consumption # _____ Glasses per Day

☐ Stopped Drinking Alcohol

☐ Beer Consumption # _____ Servings per Day

☐ Hard Liquor Consumption # _____ Servings per Day

3. Do you currently use recreational or street drugs? ☐ Yes ☐ No

☐ Never used drugs

If yes, what type of drug? _____

4. Choose the best description(s) of your current diet:

☐ Diet Well Balanced ☐ Diet Not Balanced

☐ High in Fat Content (Fried Foods or Fast Foods)

☐ Carbohydrate Intake Excessive

☐ Low in Fat Content

☐ Diet is Low in Sugar

☐ High in Sugar (Sweet Snacks or High Sugar Beverages)

☐ Diet is High in Salt

☐ Diet High in Fiber

5. Do you exercise? ☐ Yes ☐ No If yes, how many minutes per weeks? _____

☐ Walk ☐ Run ☐ Bicycle ☐ Swim ☐ Aerobics ☐ Stretching/Yoga

☐ Strength Training ☐ Other _____

6. During the past two weeks have you felt down, depressed or hopeless?

☐ Yes ☐ No

Over the past two weeks, have you felt little interest or no pleasure in doing things?

☐ Yes ☐ No

Continued →

Name: _____ <div style="display: flex; justify-content: space-around; font-size: small;"> First Last M. </div>		DOB: _____			
7. Do you need help with any of the following? <div style="display: flex; flex-wrap: wrap;"> <div style="width: 33%;"><input type="checkbox"/> Using the phone</div> <div style="width: 33%;"><input type="checkbox"/> Managing medications</div> <div style="width: 33%;"><input type="checkbox"/> Feeding</div> <div style="width: 33%;"><input type="checkbox"/> Shopping</div> <div style="width: 33%;"><input type="checkbox"/> Transportation</div> <div style="width: 33%;"><input type="checkbox"/> Dressing</div> <div style="width: 33%;"><input type="checkbox"/> Housework</div> <div style="width: 33%;"><input type="checkbox"/> Preparing meals</div> <div style="width: 33%;"><input type="checkbox"/> Toileting</div> <div style="width: 33%;"><input type="checkbox"/> Doing laundry</div> <div style="width: 33%;"><input type="checkbox"/> Managing money</div> <div style="width: 33%;"><input type="checkbox"/> Grooming/Bathing</div> </div>					
8. Do you have vision loss that concerns you? <input type="checkbox"/> Yes <input type="checkbox"/> No					
9. Have you fallen two or more times in the last past year? <input type="checkbox"/> Yes <input type="checkbox"/> No					
10. Are you having difficulties driving your car? <input type="checkbox"/> Yes, often <input type="checkbox"/> Sometimes <input type="checkbox"/> No <input type="checkbox"/> I do not drive					
11. Do you always fasten your seat belt when your in a car? <input type="checkbox"/> Yes <input type="checkbox"/> No					
12. Do you have trouble hearing? <input type="checkbox"/> Yes <input type="checkbox"/> No Do you use a hearing aid? <input type="checkbox"/> Yes <input type="checkbox"/> No					
13. Does your home contain any of the hazards that may hurt you? <div style="display: flex; flex-wrap: wrap;"> <div style="width: 50%;"><input type="checkbox"/> Loose rugs</div> <div style="width: 50%;"><input type="checkbox"/> Uneven floors</div> <div style="width: 50%;"><input type="checkbox"/> Household clutter</div> <div style="width: 50%;"><input type="checkbox"/> Missing bathroom grab bars</div> <div style="width: 50%;"><input type="checkbox"/> Poor lighting</div> <div style="width: 50%;"><input type="checkbox"/> Loose or missing stair handrails</div> </div>					
14. Do you have any Advance Directives in place? <input type="checkbox"/> None <input type="checkbox"/> Health Care Power of Attorney <input type="checkbox"/> Living Will <input type="checkbox"/> I would like information on Advance Directives					
15. Please list specialist and suppliers regulary involved in providing you with medical care. <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; vertical-align: top;"> <input type="checkbox"/> Cardiologist _____ <input type="checkbox"/> Endocrinologist _____ <input type="checkbox"/> Gastroenterologist _____ <input type="checkbox"/> Nephrologist _____ <input type="checkbox"/> Neurologist _____ <input type="checkbox"/> Oncologist _____ <input type="checkbox"/> Ophthalmologist _____ <input type="checkbox"/> Orthopedic _____ <input type="checkbox"/> Pulmonologist _____ </td> <td style="width: 50%; vertical-align: top;"> <input type="checkbox"/> Diet/Nutrition _____ <input type="checkbox"/> Medical Equipment _____ <input type="checkbox"/> Home Health _____ <input type="checkbox"/> Occupational Therapy _____ <input type="checkbox"/> Physical Therapy _____ <input type="checkbox"/> Other _____ _____ _____ </td> </tr> </table>				<input type="checkbox"/> Cardiologist _____ <input type="checkbox"/> Endocrinologist _____ <input type="checkbox"/> Gastroenterologist _____ <input type="checkbox"/> Nephrologist _____ <input type="checkbox"/> Neurologist _____ <input type="checkbox"/> Oncologist _____ <input type="checkbox"/> Ophthalmologist _____ <input type="checkbox"/> Orthopedic _____ <input type="checkbox"/> Pulmonologist _____	<input type="checkbox"/> Diet/Nutrition _____ <input type="checkbox"/> Medical Equipment _____ <input type="checkbox"/> Home Health _____ <input type="checkbox"/> Occupational Therapy _____ <input type="checkbox"/> Physical Therapy _____ <input type="checkbox"/> Other _____ _____ _____
<input type="checkbox"/> Cardiologist _____ <input type="checkbox"/> Endocrinologist _____ <input type="checkbox"/> Gastroenterologist _____ <input type="checkbox"/> Nephrologist _____ <input type="checkbox"/> Neurologist _____ <input type="checkbox"/> Oncologist _____ <input type="checkbox"/> Ophthalmologist _____ <input type="checkbox"/> Orthopedic _____ <input type="checkbox"/> Pulmonologist _____	<input type="checkbox"/> Diet/Nutrition _____ <input type="checkbox"/> Medical Equipment _____ <input type="checkbox"/> Home Health _____ <input type="checkbox"/> Occupational Therapy _____ <input type="checkbox"/> Physical Therapy _____ <input type="checkbox"/> Other _____ _____ _____				

*Thank you very much for completing your Health Risk Assessment form for your wellness visit.
 Please give this form to your care team during your visit.*

HEALTH HISTORY QUESTIONNAIRE

Please complete this entire questionnaire. It will provide your care team with important information about your health.
All answers contained in this questionnaire are strictly confidential and will become part of your medical record.

Name (Last, First, M.I.): _____ ☐ M ☐ F DOB: _____

Date: _____ Marital status: ☐ Single ☐ Partnered ☐ Married ☐ Separated ☐ Divorced ☐ Widowed

Number of children: _____ How many live with you? _____ Occupation is/was: _____

Previous or referring doctor: _____ Date of last physical exam: _____

PERSONAL HEALTH HISTORY

Childhood Illness: ☐ Measles ☐ Mumps ☐ Rubella ☐ Chickenpox ☐ Rheumatic Fever ☐ Polio ☐ None

Immunizations and Dates: ☐ Tetanus _____ ☐ Pneumonia _____ ☐ Hepatitis A _____ ☐ Hepatitis B _____

☐ Chickenpox _____ ☐ Influenza _____ ☐ MMR *Measles, Mumps, Rubella* _____ ☐ Meningococcal _____ ☐ None

Tests/Screenings and Dates: ☐ Eye Exam _____ ☐ Colonoscopy _____ ☐ Dexa Scan _____

Surgeries

Year _____ Reason _____ Hospital _____

Year _____ Reason _____ Hospital _____

Year _____ Reason _____ Hospital _____

Year _____ Reason _____ Hospital _____

☐ I have had no surgeries

Other hospitalizations

Year _____ Reason _____ Hospital _____

Year _____ Reason _____ Hospital _____

Year _____ Reason _____ Hospital _____

Year _____ Reason _____ Hospital _____

☐ I have never been hospitalized

Have you ever had a blood transfusion? ☐ Y ☐ N

Please list other physicians you have seen in the last 12 months, and for what reason.

Name (Last, First, M.I.): _____ DOB _____

YOUR MEDICAL HISTORY

Please indicate if **YOU** have a history of the following:

- | | | |
|--|--|--|
| <input type="checkbox"/> Alcohol Abuse | <input type="checkbox"/> Growth/Development Disorder | <input type="checkbox"/> Migraines |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Hearing Impairment | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> Anesthetic Complication | <input type="checkbox"/> Heart Attack | <input type="checkbox"/> Prostate Cancer |
| <input type="checkbox"/> Anxiety Disorder | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Rectal Cancer |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Heart Pain/Angina | <input type="checkbox"/> Reflux/GERD |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Hepatitis A | <input type="checkbox"/> Seizures/Convulsions |
| <input type="checkbox"/> Autoimmune Problems | <input type="checkbox"/> Hepatitis B | <input type="checkbox"/> Severe Allergy |
| <input type="checkbox"/> Birth Defects | <input type="checkbox"/> Hepatitis C | <input type="checkbox"/> Sexually Transmitted Disease |
| <input type="checkbox"/> Bladder Problems | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Skin Cancer |
| <input type="checkbox"/> Bleeding Disease | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Stroke/CVA of the Brain |
| <input type="checkbox"/> Blood Clots | <input type="checkbox"/> HIV | <input type="checkbox"/> Suicide Attempt |
| <input type="checkbox"/> Blood Transfusion(s) | <input type="checkbox"/> Hives | <input type="checkbox"/> Thyroid Problems |
| <input type="checkbox"/> Bowel Disease | <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> Ulcer |
| <input type="checkbox"/> Breast Cancer | <input type="checkbox"/> Liver Cancer | <input type="checkbox"/> Visual Impairment |
| <input type="checkbox"/> Cervical Cancer | <input type="checkbox"/> Liver Disease | <input type="checkbox"/> Other Disease, Cancer, or Significant Medical Illness |
| <input type="checkbox"/> Colon Cancer | <input type="checkbox"/> Lung Cancer | <input type="checkbox"/> NONE of the Above |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Lung/Respiratory Disease | |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Mental Illness | |

List other past medical problems: _____

List your prescribed drugs and over-the-counter drugs, such as vitamins and inhalers

Drug _____	Dose/Frequency _____	Drug _____	Dose/Frequency _____
Drug _____	Dose/Frequency _____	Drug _____	Dose/Frequency _____
Drug _____	Dose/Frequency _____	Drug _____	Dose/Frequency _____
Drug _____	Dose/Frequency _____	Drug _____	Dose/Frequency _____

☐ List additional drugs on back of questionnaire

☐ I take no medications, vitamins, herbals, or any other over-the-counter preparations

Allergies

Name _____ Reaction You Had _____

☐ I have no known **drug** allergies

FAMILY MEDICAL HISTORY

Please indicate if **YOUR FAMILY** has a history of the following: (*ONLY include parents, grandparents, siblings, and children*)

- | | | | |
|---|---|--|---|
| <input type="checkbox"/> I am adopted and do not know biological family history | <input type="checkbox"/> Colon Cancer | <input type="checkbox"/> Migraines | <input type="checkbox"/> Mother, Grandmother, or Sister developed heart disease before the age of 65 |
| <input type="checkbox"/> Family History Unknown | <input type="checkbox"/> Depression | <input type="checkbox"/> Osteoporosis | |
| <input type="checkbox"/> Alcohol Abuse | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Other Cancer | <input type="checkbox"/> Father, Grandfather, or Brother developed heart disease before the age of 55 |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Rectal Cancer | |
| <input type="checkbox"/> Anesthetic Complication | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Seizures/Convulsions | |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Severe Allergy | |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> Stroke/CVA of the Brain | |
| <input type="checkbox"/> Bladder Problems | <input type="checkbox"/> Leukemia | <input type="checkbox"/> Thyroid Problems | |
| <input type="checkbox"/> Bleeding Disease | <input type="checkbox"/> Lung/Respiratory Disease | <input type="checkbox"/> NONE of the Above | |
| <input type="checkbox"/> Breast Cancer | | | |

Name (Last, First, M.I.): _____ DOB _____

SOCIAL HISTORY

ALL QUESTIONS CONTAINED IN THIS QUESTIONNAIRE ARE OPTIONAL AND WILL BE KEPT STRICTLY CONFIDENTIAL

Exercise Do you exercise? ☐ Y ☐ N
If yes, how many minutes per week? _____

Diet Are you dieting? ☐ Y ☐ N If yes, are you on a physician prescribed medical diet? ☐ Y ☐ N
of meals you eat in an average day? _____
Rank salt intake ☐ Hi ☐ Med ☐ Low
Rank fat intake ☐ Hi ☐ Med ☐ Low

Caffeine ☐ None ☐ Coffee ☐ Tea ☐ Cola # of cups/cans per day? _____

Alcohol Do you drink alcohol? ☐ Y ☐ N
If yes, what kind? _____ How many drinks per week? _____

Are you concerned about the amount you drink? ☐ Y ☐ N
Have you considered stopping? ☐ Y ☐ N
Have you ever experienced blackouts? ☐ Y ☐ N
Are you prone to "binge" drinking? ☐ Y ☐ N
Do you drive after drinking? ☐ Y ☐ N

Tobacco Do you use tobacco? ☐ Y ☐ N
☐ Cigarettes - pks./day _____ or pks./week _____ ☐ Chew - #/day _____ ☐ Pipe - #/day _____ ☐ Cigars - #/day _____
☐ # of years _____ ☐ Previous tobacco user - year quit _____

Drugs Do you currently use recreational or street drugs? ☐ Y ☐ N
Have you ever given yourself street drugs with a needle? ☐ Y ☐ N
☐ I prefer to discuss with the physician

Sex Are you sexually active? ☐ Y ☐ N
If yes, are you and your partner trying for a pregnancy? ☐ Y ☐ N
If not trying for a pregnancy list contraceptive or barrier method used: _____

Any discomfort with intercourse? ☐ Y ☐ N

Illness related to Human Immunodeficiency Virus (HIV), such as AIDS, has become a major public health problem. Risk factors for this illness include intravenous drug use and unprotected sexual intercourse. Would you like to speak with your provider about your risk of this illness? ☐ Y ☐ N

Mental Health Is stress a major problem for you? ☐ Y ☐ N
Do you feel depressed? ☐ Y ☐ N
Do you panic when stressed? ☐ Y ☐ N
Do you have problems with eating or your appetite? ☐ Y ☐ N
Do you cry frequently? ☐ Y ☐ N
Have you ever attempted suicide? ☐ Y ☐ N
Have you ever seriously thought about hurting yourself? ☐ Y ☐ N
Do you have trouble sleeping? ☐ Y ☐ N
Have you ever been to a counselor? ☐ Y ☐ N

Name (Last, First, M.I.): _____ DOB _____

Personal Safety

Do you live alone? ☐ Y ☐ N

Do you have frequent falls? ☐ Y ☐ N

Do you have vision or hearing loss? ☐ Y ☐ N

Physical and/or mental abuse have also become major public health issues in this country. This often takes the form of verbally threatening behavior or actual physical or sexual abuse. Would you like to discuss this issue with your provider? ☐ Y ☐ N

How often do you have sun exposure? ☐ Occasionally ☐ Frequently ☐ Rarely

Have you ever experienced a sunburn? ☐ Y ☐ N

How often do you wear your seatbelt? ☐ Occasionally ☐ Frequently ☐ Always

These questions are for WOMEN ONLY

Age at onset of menstruation: _____ Date of last menstruation: _____ Period every _____ days

Heavy periods, irregularity, spotting, pain, or discharge? ☐ Y ☐ N

Number of pregnancies: _____ Number of live births: _____

Are you pregnant or breastfeeding? ☐ Y ☐ N

Have you had a D&C, hysterectomy, or Cesarean? ☐ Y ☐ N

Any urinary tract, bladder, or kidney infections within the last year? ☐ Y ☐ N

Any blood in your urine? ☐ Y ☐ N

Any problems with control of urination? ☐ Y ☐ N

Any hot flashes or sweating at night? ☐ Y ☐ N

Do you have menstrual tension, pain, bloating, irritability, or other symptoms at or around time of period? ☐ Y ☐ N

Do you perform monthly breast self exams? ☐ Y ☐ N

Experienced any recent breast tenderness, lumps, or nipple discharge? ☐ Y ☐ N

Date of last mammogram: _____ Where was the mammogram done? _____

Date of last papsmear or pelvic exam: _____

These questions are for MEN ONLY

Do you usually get up to urinate during the night? ☐ Y ☐ N

Do you feel pain or burning with urination? ☐ Y ☐ N

Any blood in your urine? ☐ Y ☐ N

Do you feel burning discharge from penis? ☐ Y ☐ N

Has the force of your urination decreased? ☐ Y ☐ N

Have you had any kidney, bladder, or prostate infections within the last 12 months? ☐ Y ☐ N

Do you have any problems emptying your bladder completely? ☐ Y ☐ N

Any difficulty with erection or ejaculation? ☐ Y ☐ N

Any testicle pain or swelling? ☐ Y ☐ N

Date of last prostate and rectal exam: _____

Name (Last, First, M.I.): _____ DOB _____

Other Information

Your healthcare provider needs to know:

Do you have Advanced Directives? (*Advance Directives refer to a person's instructions about future medical care, in the event the person becomes unable to speak for himself/herself. A Living Will is an example of an Advance Directive.*).....☐ Y ☐ N

If no, would you like additional details about Advanced Directives?☐ Y ☐ N

Do you have any religious or cultural beliefs that may impact your healthcare?☐ Y ☐ N

If yes, please describe: _____

I best learn new information by: ☐ Verbal instructions ☐ Written instructions ☐ Pictures

Level of education completed: ☐ Less than High School ☐ High School diploma or GED ☐ 1-4 years of college ☐ > 4 years of college

I understand English well? ☐ Y ☐ N If no, what language do you prefer? _____

Please circle any symptoms you are currently experiencing or symptoms you have frequently experienced in the past.

Fever	Feeling poorly	Recent weight gain	
Chills	Feeling tired/fatigued	Recent weight loss	
Eye pain	Eyesight problems	Dry eyes	Vision changes
Red eyes	Discharge from eyes	Eyes itch	
Earache	Nosebleeds	Sore throat	Ringing in ears
Loss of hearing	Discharge from nose	Hoarseness	Sinus problems
Chest pain	Fast/slow heartbeat	Muscle pain	History of heart murmur
Palpitations	Cold hands/feet	Swelling in legs	History of heart attack
Shortness of breath	Cough	Difficulty breathing while lying down/sleeping	Coughing up phlegm/blood
Wheezing	Shortness of breath with activity		
Abdominal pain	Constipation	Heartburn	Blood per rectum
Vomiting	Diarrhea	Black, tarry stools	
Pain with urination	Frequent urination at night		Urinary frequency
Urinary incontinence			
Muscle/joint pain	Joint swelling	Limb pain	Back pain
	Joint stiffness		
Skin lesions	Itching		Nail discoloration/deformity
Skin wound	Change in mole		
Confusion	Dizziness	Limb weakness	Numbness/tingling
Convulsions/seizures	Fainting	Difficulty walking	Frequent falls
Suicidal	Anxiety	Change in personality	
Sleep disturbances	Depression	Emotional problems	
Decreased libido/sexual desire		Deepening of voice	Hair loss
Easy bleeding or bruising	Swollen glands		

Other symptoms: _____

Patient's Signature: _____ Date: _____

Reviewed By: _____ Date: _____

CANCER FAMILY HISTORY QUESTIONNAIRE

Personal Information

Patient Name: _____ Date of Birth: _____ Age: _____
 Gender (M/F): _____ Today's Date(MM/DD/YY): _____ Health Care Provider: _____

Instructions: This is a screening tool for cancers that run in families. Please mark (Y) for those that apply to YOU and/or YOUR FAMILY. Next to each statement, please list the relationship(s) to you and age of diagnosis for each cancer in your family.

You and the following close blood relatives should be considered: You, Parents, Brothers, Sisters, Sons, Daughters, Grandparents, Grandchildren, Aunts, Uncles, Nephews, Nieces, Half-Siblings, First-Cousins, Great-Grandparents and Great Grandchildren

YOU and YOUR FAMILY's Cancer History (Please be as thorough and accurate as possible)

	CANCER	YOU AGE OF Diagnosis	PARENTS / SIBLINGS / CHILDREN	AGE OF Diagnosis	RELATIVES on your MOTHER'S SIDE	AGE OF Diagnosis	RELATIVES on your FATHER'S SIDE	AGE OF Diagnosis
<input checked="" type="checkbox"/> Y <input type="checkbox"/> N	EXAMPLE: BREAST CANCER	45	—	—	Aunt Cousin	45 61	Grandmother	53
<input type="checkbox"/> Y <input type="checkbox"/> N	BREAST CANCER (Female or Male)							
<input type="checkbox"/> Y <input type="checkbox"/> N	OVARIAN CANCER (Peritoneal/Fallopian Tube)							
<input type="checkbox"/> Y <input type="checkbox"/> N	UTERINE (ENDOMETRIAL) CANCER							
<input type="checkbox"/> Y <input type="checkbox"/> N	COLON/RECTAL CANCER							
<input type="checkbox"/> Y <input type="checkbox"/> N	10 or more LIFETIME COLON POLYPS (Specify #)							
<input type="checkbox"/> Y <input type="checkbox"/> N	OTHER CANCER(S) (Specify cancer type)	Among others, consider the following cancers: Melanoma, Pancreatic, Stomach (Gastric), Brain, Kidney, Bladder, Small bowel, Sarcoma, Thyroid, Prostate						

☐ Y ☐ N Are you of Ashkenazi Jewish descent?

☐ Y ☐ N Are you concerned about your personal and/or family history of cancer?

☐ Y ☐ N Have you or anyone in your family had genetic testing for a hereditary cancer syndrome? (Please explain/include a copy of result if possible)

Hereditary Cancer Red Flags (To be completed with your healthcare provider - Check all that apply)

Hereditary Breast and Ovarian Cancer Syndrome - Red Flags*

Personal and/or family history[†] of:

- ☐ Breast cancer diagnosed before age 50
- ☐ Ovarian cancer
- ☐ Two primary breast cancers
- ☐ Male breast cancer
- ☐ Triple Negative Breast Cancer
- ☐ Ashkenazi Jewish ancestry with an HBOC-associated cancer^{‡§}
- ☐ Three or more HBOC-associated cancers at any age^{‡§}
- ☐ A previously identified HBOC syndrome mutation in the family

[†]Close blood relatives include first-, second-, or third-degree in the maternal or paternal lineage

[‡]In the same individual or on the same side of the family

[§]HBOC-associated cancers include breast (including DCIS), ovarian, pancreatic, and aggressive prostate cancer

Lynch Syndrome - Red Flags*

An individual with any of the following:

- ☐ Colorectal or endometrial cancer before age 50
- ☐ MSI High histology before age 60[¶]
- ☐ Abnormal MSI/IHC tumor test result (colorectal/endometrial)
- ☐ Two or more Lynch syndrome cancers^{**} at any age
- ☐ Lynch syndrome cancer^{**} with one or more relatives with a Lynch syndrome cancer[^]
- ☐ A previously identified Lynch syndrome or MAP syndrome mutation in the family

An individual with any of the following family histories:

- ☐ A first- or second-degree relative with colorectal or endometrial cancer before age 50
- ☐ Two or more relatives with a Lynch syndrome cancer^{**}, one before the age of 50[^]
- ☐ Three or more relatives with a Lynch syndrome cancer^{**} at any age[^]
- ☐ A previously identified Lynch syndrome or MAP syndrome mutation in the family

[¶]MSI High histology includes: Mucinous, signet ring, tumor infiltrating lymphocytes, Crohn's-like lymphocytic reaction, or medullary growth pattern

^{**}Lynch syndrome-associated cancers include colorectal, endometrial, gastric, ovarian, ureter/renal pelvis, biliary tract, small bowel, pancreas, brain, sebaceous adenomas

[^]Cancer history should be on the same side of the family

*Assessment criteria are based on medical society guidelines. For individual medical society guidelines, go to www.MyriadPro.com

Cancer Risk Assessment Review (To be completed after discussion with healthcare provider)

Patient's Signature: _____ Date: _____

Health Care Provider's Signature: _____ Date: _____

For Office Use Only: Patient offered hereditary cancer genetic testing? ☐ YES ☐ NO ☐ ACCEPTED ☐ DECLINED

Follow-up appointment scheduled: ☐ YES ☐ NO Date of Next Appointment: _____

MEDICAL CENTER WEST

Dr. Michelle D. Berry

1201 S. MAIN STREET, STE. #110
BOERNE, TEXAS 78006

830-249-6000 (OFFICE)
830-816-6002 (FAX)

AUTHORIZATION FOR RELEASE OF PROTECTED HEALTH INFORMATION

Patient Name: _____ Date of Birth: _____
Address: _____ Telephone #: _____
Date of Service: _____ ALL _____

INFORMATION REQUESTED

____ Entire Medical Record ____ History & Physical ____ Lab / Path Reports
____ Discharge Summary ____ Emergency Report ____ Operative Reports
____ Progress Notes ____ Radiology Reports ____ Immunizations
____ EEG / ECG ____ Other: _____

I request that copies of my health information indicated above be sent:

From: _____ To: Medical Center West

Dr. Michelle Berry, D.O.
1201 S. Main Street, Ste. #110
Boerne, TX 78006

*I authorize the release of health information contained in my medical records including:
Information regarding communicable disease and infection, as defined by statute of Texas
Department of Public Health rules, which include Venereal Disease, Tuberculosis, Hepatitis A, B,
C, Human Immunodeficiency Virus (HIV) and HIV Testing.*

- *Acquired Immunodeficiency Syndrome (AIDS) and AIDS related Complex (ARC).*
- *Alcohol and Drug Abuse treatment information*
- *Mental Health treatment records, Psychological and Social Service Information.*

PURPOSE OF DISCLOSURE

____ Continued Care ____ Attorney / Legal ____ Insurance ____ Personal Use
Other: _____

It is further understood the information released is for the specific purpose stated above and may not be provided in the whole or part to any other agency, organization or person. I further understand that correspondences / records from healthcare providers other than Medical Center West will not be released unless specifically requested above. This request may be revoked at any time, in writing, except for any action that has already been taken.

Signature of Patient / Legal Representative

Date

(Relation to patient)

Name: _____ Chart #: _____
DOB: _____ Date: _____

Financial Policy

We are doing everything possible to hold down the cost of medical care. You can help a great deal by eliminating the need for us to bill you. The following is a summary of our current payment policy.

ALL PAYMENTS ARE REQUIRED AT THE TIME OF SERVICE: It is the patient's responsibility to provide Medical Center West with their correct insurance information. If for any reason it can not be provided, we will require you to pay the cash price of any services provided and a receipt will be provided to you so that you may submit a claim on your own. Payment is required at the time services are rendered unless prior arrangements have been made. This includes applicable coinsurance, deductible, and co-payments for participating insurance companies. Dr. Berry accepts cash, personal check, Visa, Mastercard, Discover, and American Express.

There is a \$35.00 service charge for returned checks.

Patients with an outstanding balance of 60 days overdue must make arrangements for payment prior to scheduling appointments. We understand that people have financial difficulty, but we are not able to finance your healthcare.

INSURANCE: Under the clean claims rules the HMO or insurance company has 45 days to pay or deny a clean claim. We bill your insurance company as a courtesy to you. You are expected to pay your deductible, copays and coinsurance at the time of service. If we have not received payment from your insurance company within 45 days of the date of service, you will be expected to pay the balance in full. All insurances are verified 24 hours prior to appointments. If benefits cannot be confirmed, you will be required to pay the cash price of all services. We do not bill secondary insurance companies. We will provide you with a receipt at the time of service that will include all information necessary for submitting claims to your insurance company.

REFUNDS: Overpayments will be refunded upon written request to the responsible party within 30 days.

MISSED APPOINTMENTS/LATE/CANCELLATIONS: Broken appointments represent a cost to us, to you and to other patients who could have been seen in that time set aside for you. Cancellations are requested 24 hours prior to the appointment. We reserve the right to charge for missed or late-cancelled appointments. Excessive abuse of scheduled appointments will result in discharge from our office. I have read and understand Dr. Berry's Financial Policy. I agree to assign insurance benefits to Decision Height, Inc. dba Medical Center West and Dr. Michelle Berry, D.O. I further agree that I am responsible for all charges incurred and will pay my balance in full should my insurance company not pay my account in 45 days from the date of service.

Signature of Insured or Authorized Representative: _____

Date: _____

HIPAA Release Form

Name: _____ Date of Birth: ____/____/____

We are unable to discuss your treatment with anyone unless you give us written permission.

☐ I authorize the release of information including the diagnosis, records, images, examination rendered to me, and claims information. This information may be released to:

Please note: Certain treatments may require the patient be sedated. You will need to have a driver for such treatment. Your driver must be listed on this medical information release form prior to treatment.

☐ My general and/or referring dentist Names: _____

☐ Spouse Name: _____

☐ Child(ren) Name(s): _____

☐ Parent Name: _____

☐ Other Name: _____

☐ Information is not to be released to anyone.

This release of information will remain in effect until terminated by me in writing.

Messages

Please call my ☐ home ☐ work ☐ cell Number _____

If unable to reach me:

☐ You may leave a detailed message

☐ Please leave a message asking me to return your call

☐ Other _____

The best time to reach me is (day) _____ between (time) _____.

If unable to reach me:

☐ You may leave a detailed message

☐ Please leave a message asking me to return your call

☐ Other _____

The best time to reach me is (day) _____ between (time) _____.

I have received a copy of this office's Notice of Privacy Practices.

Signed: _____ Date: ____/____/____

PATIENT HEALTH QUESTIONNAIRE (PHQ-9)

NAME: _____ DATE: _____

Over the last 2 weeks, how often have you been bothered by any of the following problems?
(use "✓" to indicate your answer)

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself—or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed. Or the opposite—being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead, or of hurting yourself	0		2	3

add columns

+ +

(Healthcare professional: For interpretation of TOTAL, please refer to accompanying scoring card). TOTAL:

10. If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

Not difficult at all _____
Somewhat difficult _____
Very difficult _____
Extremely difficult _____